









THE POWER OF STUDENT TEAMS

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| <p>12. Mindset</p> | <p>Attitudes and beliefs about oneself, others, and one’s own circumstances that impact one’s interpretation of and response to events and interactions throughout one’s day.</p> | <p>Academic teaming helps students feel empowered in their learning. Students track and celebrate their progress with their teammates, developing a growth mindset because they can see that dedication and hard work will help them succeed. Productive struggle within team tasks builds resiliency to protect against negative feelings and fosters self-confidence and a positive attitude.</p> |
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Adapted from Jones et al. (2017, pp. 314–323). Please note: the 12 skills (left column) and their descriptions (middle column) are the work of Jones et al.; the alignment of these skills to student-led academic teaming (right column) was done by the authors of this book, independently of Jones et al.

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